



Health & Safety Notice for Clients and Families

Issued: July 2026

Important Health Advisory

The Georgia Department of Public Health is monitoring an increase in gastrointestinal illnesses causing diarrhea, nausea, vomiting, stomach cramps, and dehydration.

To help protect yourself and those around you:

- ❖ Wash your hands frequently with **soap and running water for at least 20 seconds**, especially after using the restroom, before eating, and before preparing food, as recommended by the CDC.
 - ❖ Wash all fruits and vegetables thoroughly under running water before eating, cutting, or cooking.
 - ❖ Avoid preparing food for others if you are experiencing vomiting or diarrhea.
 - ❖ Drink plenty of fluids to help prevent dehydration.

 - ❖ Clean and disinfect frequently touched surfaces if someone in the home is ill.
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When to Notify Us or Contact Your Healthcare Provider

Please notify We Care Homecare and contact your healthcare provider if you experience any of the following:

- Severe or persistent diarrhea
- Repeated vomiting
- Signs of dehydration (dry mouth, dizziness, decreased urination)
- Fever
- Bloody stools
- Severe abdominal pain
- Symptoms lasting longer than 24–48 hours

Prompt reporting helps ensure appropriate care and reduces the risk of illness spreading to others.

Seek Immediate Medical Attention

If you are unable to keep fluids down, become severely dehydrated, or your symptoms rapidly worsen, seek immediate medical attention or call 911.

Your health and safety remain our highest priority.

Notify We Care Home Care, LLC

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